



UC San Diego

GLOBAL
HEALTH PROGRAM

Welcome to the Fall New Student Orientation

<http://globalhealthprogram.ucsd.edu/>

Introductions



Professor Thomas Csordas
Global Health Director



Brittany Wright, M.Ed



Erin Morey, M.A.

Global Health Program Advisors

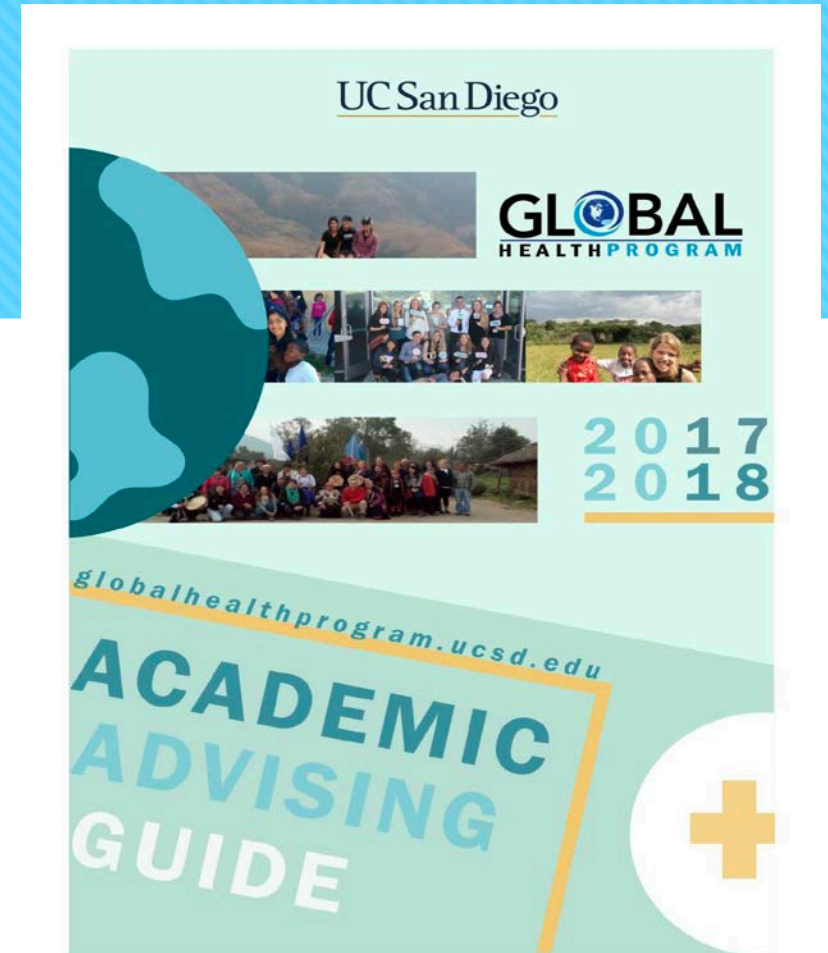


Liberty Belle
Advising Assistant

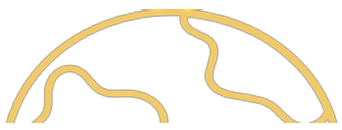
Goals of Online Orientation

Understand the following:

- Part 1: Understanding Global Health
- Part 2: Global Health Major Requirements
- Part 3: Field Experience Requirement
- Part 4: Study Abroad Options
- Part 5: Tips for Success
- Part 6: Q&A Session



* Reference your *Academic Advising Guide* for more detailed information.



WHAT IS GLOBAL HEALTH?

“Global Health is an area of study, research, and practice that places a priority on improving health and achieving equity in health for all people worldwide.

Global health emphasizes transnational health issues, determinants, and solutions; involves many disciplines within and beyond the health sciences and promotes interdisciplinary collaboration; and is a synthesis of population-based prevention with individual-level clinical care”



What Will I Learn Studying Global Health?

You will gain an in-depth understanding of factors related to illnesses, health, and healing from an interdisciplinary perspective that transcends national borders and regional interests and takes cultural difference and diversity fully into account.

This includes topics such as:

- Health care
- Health education
- Environmental effects on health
- Infectious diseases
- Reproductive health
- Mental health
- Health inequities
- Medical sequelae of natural disaster or political violence
- Indigenous healing practices



Part Two: Academic Advising and Major Requirements

Academic Advising

Academic advising at UCSD is shared by two sets of advisors:

College and Major Advisors

College Advisor's Role

VS.

Major Advisor's Role

- College General Education Requirements
- Petition course for general education requirements
- University Policies

- Major Requirements
- Petitioning a course for credit toward major requirements
- Field Experience Requirements
- Application for Special Studies Course (Independent Research 198/199)

Global Health Advising Information

Send a Message in the VAC
OR

Stop in during walk-in advising hours

Check [website](#) for current hours
OR

Make an appointment by contacting: ghpadvising@ucsd.edu

Please include the following in your email:

Name, PID, Brief Description of advising needs & 3 appointment times that work for you

GLOBAL HEALTH MAJOR REQUIREMENTS

17 Courses

LOWER DIVISION CORE

One of the following courses:

HILD 30. History of Public Health OR

*GLBH 20. Introduction to Global Health (accepted by petition) OR

*FMPH 40. Intro to Public Health (accepted by petition)

One of the following courses:

SOCI 30. Science, Technology & Society OR

SOCI 40. Sociology of Healthcare Issues OR

SOCI 70. Sociology for Pre-Meds OR

PHIL 26. Science, Society & Values

One Statistics course:

PSYC 60. Introduction to Statistics OR

POLI 30 or 30D. Political Inquiry OR

MATH 11/11L. Calculus-Based Introductory Probability and Statistics (5) OR

*AP stats course (must have score of 3 or higher)

Course
descriptions
[found online](#)



UPPER DIVISION CORE

GLBH 148. Global Health and Cultural Diversity

GLBH 181. Essentials of Global Health

MGT 173. Project Management in the Health Services

One **Policy Analysis** course

To be taken senior year:

GLBH 150A. Capstone Part One (winter) Senior Thesis Preparation

GLBH 150B. Capstone Part Two (spring) Senior Thesis Preparation

ELECTIVES

Three Biological Science Electives (one must be upper division)

e.g. physiology of nutrition, infectious disease, environmental factors

Three Medical Social Science Electives

e.g. social and cultural context, economic and political factors

One Medical Humanities Elective

e.g. medical history, bioethics, literature

One Global Processes Elective

e.g. immigration, climate change, globalization, development

Tip: When choosing your electives, remember this is your chance to take courses that influence your path of study. If there is a Global Health topic you want to specialize in, take electives that cover that interest.

Elective courses are also help you to find what you are completely passionate about!

GLOBAL HEALTH FIELD EXPERIENCE REQUIREMENT

100 hours

Domestic or Abroad

Senior Experience/Capstone

What is the Senior Capstone?

Students take two quarter **seminar courses (GLBH 150A in Winter & 150B in Spring)** during their senior year.

- **First quarter** intensive reading and discussion in fields related to each student's primary interest and building on their field experience.
- **Second quarter** workshop with critical input from all participants focused on preparing a research poster project and written senior thesis.

Students typically base their capstone thesis and project on the topic from their **Field Experience** which gives them the opportunity to expand, deepen, and share the insights of your Global Health Field Experience.

Students present their capstone project at the **Horizons Research Symposium**, to faculty, Global Health majors and minors, and the campus community.



More on the Senior Experience

Sample Senior Research Poster Projects/Thesis:

- *Health Barriers and Morbidity of Afghan Refugees*
- *A Call to Support Male Survivors of Sexual Assault*
- *Cultural Competency of Drug Rehabilitation Programs for Native Populations in the U.S.*
- *Mobilizing for Women's Rights: Lessons Learned from Chile and Beyond*
- *Birth Abuse and Disrespect as a Global Phenomenon*
- *The Best of Both Worlds—The Synergy between Eastern and Western Medicine*
- *Inadequate Sanitation and Hygiene in Rural Nicaragua*
- *Mexican Immigrants, Deportation, and Mental Health*



Abstracts found online –
Horizons Event Page

GLBH 198/199 Independent Research

Tip: “If you're interested in a topic or in working somewhere, send your resume to the professor studying that topic! Put yourself out there, it can only benefit you.” -Emma, Global Health Major, UC San Diego Class of 2016

Why should I consider an Independent Research Course?

1. To fulfill Global Health Elective Requirements

- The Global Health Program will accept up to **two** 198/199 courses to fulfill elective requirements for the major.
- Must take for a **LETTER GRADE**.

2. To have the opportunity to explore in more detail what you have learned in the classroom or in your global health field experience

3. To engage in research on a topic of your choice, under the guidance of a Global Health affiliated faculty member of your choice

- Students will carefully plan a project with the faculty advisor and be focused on a Global Health issue/topic
- Throughout the course students must read scholarly materials, and then by the end of the course, they will need to incorporate them into a **10-15 page** research paper.

Double Major

Make sure you meet **all requirements**:

- Minimum 2.5 GPA
- Junior Standing (more than 90 units, less than 135 units)

Complete a [Double Major Petition](#) and attach a **brief statement of purpose (reason why you are completing 2 majors).**

Take your petition to the **advisor for each major** to review your plan and obtain their signatures.

Submit the petition to your [college academic advising](#) office. For additional information see [Declare a Double Major](#) on Blink.

UNIVERSITY OF CALIFORNIA, SAN DIEGO
Office of the Registrar
Student Services Center, Suite 261
9500 Gilman Drive # 0022
La Jolla, CA 92093-0022



DOUBLE
MAJOR PETITION

Original Form Revised (Date) _____

Name: _____ P.I.D.#: _____ Class Level: _____
Last, First Middle

Current Address: _____ College: _____

City: _____ State: _____ Zip: _____ Current Telephone: (____) _____

E-Mail Address: _____

Degree Objective: BA BS

First Major: _____ Code: _____
Lower Division Requirements

1. _____ 3. _____
2. _____ 4. _____

Upper-Division (*Do not list overlaps*)

Subject/Number	Subject/Number
1. _____	11. _____
2. _____	12. _____
3. _____	13. _____
4. _____	14. _____
5. _____	15. _____

Degree Objective: BA BS

Second Major: _____ Code: _____
Lower Division Requirements

1. _____ 3. _____
2. _____ 4. _____

Upper-Division (*Do not list overlaps*)

Subject/Number	Subject/Number
1. _____	11. _____
2. _____	12. _____
3. _____	13. _____
4. _____	14. _____
5. _____	15. _____

Notes:

- Global Health can typically overlap **two** upper division courses and all lower division coursework.
- 10 upper division courses must be unique to each major.

What are some compatible double majors?

Any major that has overlapping courses.

Examples:

- Biology (can overlap all LD bio and two UD)
- Psychology
- Anthropology
- Sociology
- History
- Public Health

Pre-Med



Global Health students are able to incorporate some pre-med requirements into their major requirements.

- Visit Career Services early on to discuss planning
- Join the Health Beat Newsletter
- Check out the Pre-Med tab on the [Global Health major page](#).

Begin Exploring – attend events on campus, webinars and network

Visit prehealth.ucsd.edu

Year	Fall	Winter	Spring
Freshmen	CHEM6A MATH 10A/ 20A BILD 3 (GH bio elective)	CHEM 6B MATH 10B/ 20B	CHEM 6C CHEM 7L Math 11/L
Sophomore	PHYS 1A/1AL CHEM 40A (O-CHEM) BILD 1 LD Core Req (SOCl 30, 40 or 70)	PHYS 1B/BL CHEM 40B (O-CHEM) BILD 2	PHYS 1C/1CL CHEM 40C (O-CHEM) LD Core Req
Junior	CHEM 43A (O-CHEM Lab) UD Bio Lab UD Core Req. (Policy Analysis)	UD Core Req. UD Biochemistry (BIBC 100 or 102) Bio Elective (BICD 100 Genetics) Register for MCAT	UD Core Req UD Core Req Bio Elective (BIPN 100 Physics)
Senior	Elective Elective	GLBH 150A. Senior Capstone Elective Elective MCAT	GLBH 150B. Senior Capstone Elective

Tracking Coursework

Global Health Major Undergraduate Degree Check (17 courses/ 68 units)

(FA16 reqts.)



Lower-Division Requirements (12 units/ 3 courses)

- HILD 30:** History of Public Health
- Sociology** (choose one):
SOCI 30, SOCI 40, SOCI 70 or PHIL 26: _____
- Statistics** (choose one):
PSYC 60, Math 11/11L or POLI 30: _____

Upper-Division Requirements (24 units/ 6 courses)

Core Courses (must complete all three):

- ANSC 148:** Cultural Diversity and Global Health
- GLBH 181:** Essentials of Global Health
- MGT 173:** Project Management in the Health Sciences
- Policy Analysis Course** (choose one): _____
- Senior Capstone Seminars** (two courses taken WI and SP of senior year):
 GLBH 150A GLBH 150B

Electives (32 units/ 8 courses):

At least 6 elective courses must be upper division. Lower division electives are only accepted for the biological science requirement.

- Biological Sciences** (choose 3, one must be upper division):
1) _____ 2) _____ 3) _____
- Medical Social Sciences** (choose 3):
4) _____ 5) _____ 6) _____
- Medical Humanities** (choose 1): 7) _____
- Global Processes** (choose 1): 8) _____
- Global Health Field Experience Requirement (GHFE)** (100 hours):

Fall	Winter	Spring	Summer/ Notes
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	
_____	_____	_____	

Reminders:

- All coursework must receive a letter grade of C- or better.
- No more than 6 courses will be accepted from Study Abroad.
- The Field Experience requirement must be completed prior to beginning GLBH 150A & B in your senior year.
- Field experience must be preapproved and verified upon completion by submitting signed documentation from the site supervisor. Students are expected to submit a reflection upon completion.

Name: _____ PID: A _____ - _____ - _____

Degree Audit

Your **Degree Audit** is a tool in **TritonLink** that lists degree requirements and measures progress toward completing them.

The screenshot shows a web browser window with the URL <https://students.ucsd.edu/my-tritonlink/tools/>. The page header includes "CURRENT STUDENTS" and the UC San Diego logo. Below the header is a search bar and a navigation menu with categories: Academics, Finances & Jobs, Student Life, Well-Being, and Campus Services. The main content area features the TritonLink logo and a "My TritonLink: Tools" section. A red arrow points to the "Degree Audit" link in the "Advising tools" list. The "See also" section provides additional resources like password change, PID/PAC/password help, and wireless connection help.

TRITONLINK TOOLS

STUDENT FORMS

CALENDARS

UCSD EMAIL

TRITON ED

PORT TRITON

My TritonLink

- My TritonLink: Tools
- TritonLink Tool Help
- My TritonLink: Forms

See also

- Change your password or security question
- If you forget your PID, PAC, or password
- Get help with wireless connections on campus

My TritonLink: Tools

Last Updated: May 13, 2016 3:47:06 PM PDT [Give feedback](#)

Find links to access online student tools.

Advising tools

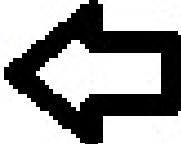
- **Degree Audit:** Check your academic progress with your degree audit.
- **General Catalog:** Read course descriptions for UCSD classes.
- **GPA Calculator:** Use this to project your future GPA.
- **Major and Minor:** Manage major and minor

Financial tools


- **Billing and Payment:** Find out what you owe and pay your bills.
- **Direct Deposit:** The fastest, most secure, and environmentally friendly way to receive your financial aid, stipends, and refunds.
- **Financial Aid:** View your application status and details about your financial award.



Degree Audit

[Submit Audit](#)


Short Form
 Long Form

[View Report](#)

Sep 27 2016 11:26AM

1st Submit Audit, wait a few seconds, then
select view report

Short or Long Version?

The short version will show you your remaining requirements (like the image below) or the long version will show you your remaining requirements and the courses that fulfill the requirements.

Reading your Degree Audit

Requirements in blue = completed requirement

Requirements in red = missing requirements

WIP (“work in progress”) means that you are currently enrolled in the course and is not yet complete.

Field Experience Requirement:

Your Field Experience will not show as complete until you have submitted [your letter of verification to the Global Health Program Office](#). Please submit once you have completed your hours.

```
Department Requirements
(GH25) GLOBAL HEALTH - BA

Lower Division Courses
1) Lower Division
FA14 HILD 30 4.0
FA15 PSYC 60 4.0
SP15 SOCI 40 4.0

Upper Division Summary - Not Complete
UC trfr not calculated in audit GPA)
Earned: 0.00 GPA

Upper Division Core
> 1) Core Courses - Req'd
SP16 MGT 173 4.0
FA15 ANSC148 4.0
SP15 GLBH181 4.0
SP16 SOCI152 4.0
Needs: 2 Courses

Upper Division Electives
Earned: 8 Courses
1) Biological Sciences
WI15 BILD 22 4.0
FA16 COGS174 4.0
Needs: 1 Course
2) Medical Social Sciences
WI14 ANSC150 4.0
SP15 POLI111D 4.0
Needs: 1 Course
3) Medical Humanities
WI15 HISC116 4.0
4) Global Processes
WI16 SOCI185 4.0

Field Experience
Field Experience Complete
Exception: Alternative Breaks

Major UD Requirement

> Minimum of 48 Upper Division
In Progress units included
Needs: 20.0 Units
```

The left column details department requirements for your major.

Check your degree audit quarterly for accuracy and **keep a record** of your 4-year college coursework plan!

Selecting Courses

HOME / Courses / Course Offerings



Courses

Course Offerings

Current Course Offerings

Please note the following are tentative and may be changed or revised at any time. Check with the UC San Diego Department offering the course for the most accurate information.

Note

Students are encouraged to complete the lower and upper division core courses early in their program, since these courses will provide a foundation to enhance subsequent course work.

2017-18 Course Offering Spreadsheets

Fall 2017 Course Offerings	Winter 2018 Course Offerings	Spring 2018 Course Offerings	Tentative Annual Schedule for 2017-18
Major	Major	Major	Major
Minor	Minor	Minor	Minor

2017-18 Tentative Core Course Offerings

	Fall 2017	Winter 2018	Spring 2018
Lower Division Core (HILD 30/GLBH 20 requirement)	HILD 30. History of Public Health (Gonaver)	HILD 30. History of Public Health *GLBH 20. Introduction to Global Health (fulfills HILD 30 reqt - Saravia, Paula)	*GLBH 20. Introduction to Global Health (fulfills HILD 30 reqt - Saravia, Paula)
Upper Division Core Courses (GLBH 150A & B for Global Health Seniors only)	GLBH 148. Global Health & Cultural Diversity (Saravia, Paula) MGT 173. Project Management In the Health Services (Fuller)	GLBH 148. Global Health & Cultural Diversity (Kang, Dredge) GLBH 150A. Global Health Capstone Seminar I	MGT 173. Project Management in the Health Services (Fuller) GLBH 181. Essentials of Global Health (Pitpitan) GLBH 150B. Global Health Capstone Seminar II

Tip: "Global health is so expansive! Try everything from psychology classes to anthropology to literature classes. Be a renaissance scholar and know a little bit of everything.

-Ashley E.

Sample Four Year Plan for Global Health Majors

	Fall	Winter	Spring	Notes
Freshman				
Sophomore	Statistics Reqt. Total Units: 8	LD Core Requirement Total Units: 4	LD Core Requirement Total Units: 0	
Junior	UD Core Requirement Elective Elective Total Units: 12	UD Core Requirement Elective Elective Total Units: 12	UD Core Requirement UD Core Requirement Elective Total Units: 12	*Field Experience must be completed by the end of Fall of your senior year.
Senior	Elective Total Units: 4	GLBH 150A. Senior Capstone I Elective Total Units: 8	GLBH 150B. Senior Capstone II Elective Total Units: 8	

Lower Division Core (3): HILD 30, Statistics, LD Sociology course

Upper Division Core (4): GLBH 148 (formerly ANSC 148), GLBH 181, MGT 173, Policy Analysis Course

Electives (8 total)

Global Health Field Experience (GHFE) – 100 hours with approved placement (credit or non-credit bearing).

When Selecting Courses...

- Remember to complete all Global Health core courses early on.
- Have many elective choices ready when registering as they change from quarter to quarter

Sample Two Year Plan for Global Health Majors Entering 2017-18

	Fall	Winter	Spring
Year 1 – 2017-18	Statistics Req. GLBH 148. Global Health & Cultural Diversity Elective Total Units: 12	HILD 30. History of Public Health LD SOCI Course Elective Total Units: 12	GLBH 181. Essentials of Global Health MGT 173. Project Management in the Health Services Elective Total Units: 12
Year 2 – 2018-19	Policy Analysis Req. Elective Elective Total Units: 12	GLBH 150A. Senior Capstone I Elective Elective Total Units: 12	GLBH 150B. Senior Capstone II Elective Total Units: 8

***Field Experience must be completed by the end of Fall of your senior year prior to beginning the capstone.**
 Global Health Field Experience (GHFE) – 100 hours with approved placement (credit or non-credit bearing).

Lower Division Core (3): HILD 30, Statistics, LD Sociology course

*Statistics courses are typically offered every quarter.

Electives (8 total for major)

- It is recommended that incoming transfer students **enroll in a maximum of 3 courses during the first quarter.**
- Please contact the [Admissions Office](#) at 858-534-4831 if you are having issues with your transfer coursework appearing on your UCSD academic history.
- Please visit the [Global Health Program website](#) [Transfer page](#) for more information.

AP & Transfer Coursework

- **Transfer Coursework:** All community college and AP coursework comes over as lower division and can only be applied towards lower division requirements for the Global Health Major. Coursework should appear on your academic record like this:

UCSD Approximation

BIOL	220	Human Physiology Mira Costa College	6.00	A	SP16	LD	BILD 26
BIOL	102	Ecology & Environ Biology Mira Costa College	6.00	A	SP16	LD	BILD 18
PSYC	104	Statistics/Behavioral Science Mira Costa College	6.00	A	SP15	LD	PSYC 60

Advanced Placement Credit that pertains to the Global Health Major

Course	Score	Units	Major Requirement
AP Statistics	3, 4, or 5	4	Statistics requirement
AP Biology	Score of 4 or 5 Exempts BILD 1, 2, and 3	4	BILD 3 accepted for biological science elective

Submitting Petitions

1. Online Petition Request
2. Paper Petition Request
3. Message in the VAC (pre-approved courses only)

Reasons to submit a petition:

- Pre-Approval to take a course not currently accepted for the major
- Petition Transfer or Study Abroad course to apply to requirements
- Count a course accepted by petition

GLOBAL HEALTH FIELD EXPERIENCE REQUIREMENT

The global health field experience will enhance knowledge, skills, and sensitivities, thus engaging "mind, hands, and heart" to create a learning outcome that is scientific, pragmatic, and humanistic.



Become knowledgeable about aspects of global health and see global health issues in practice!

Opportunities include: Internships, research, volunteer opportunities, and/or study abroad programs with a field experience component

Global Health Field Experience Requirement

Requirements:

- ❑ 100 hours, 5 week minimum at a research, service or clinical site.
- ❑ Domestic or International
- ❑ May be credit or non-credit bearing
- ❑ Placement must be pre-approved
- ❑ Students must complete all health and safety training prior to beginning at their site



*For more information on this requirement visit the [Field Experience](#) page.

Field Experience Quick Facts

- Majors must complete the Field Experience requirement prior to beginning the senior capstone.
- Students may participate in a maximum of 3 experiences.
- Field experiences must last at least 5 weeks (combined) or for international experiences a minimum of 3 weeks.

COMPLETING YOUR GLOBAL HEALTH FIELD EXPERIENCE REQUIREMENT



STEP 1

RESEARCH FIELD EXPERIENCE
OPTIONS ON THE PRE-APPROVED LIST.

TIP: ATTEND EVENTS ON CAMPUS, NETWORK, READ
THE GLOBAL HEALTH PROGRAM NEWSLETTER AND
FOLLOW US ON FACEBOOK TO LOOK FOR
OPPORTUNITIES.

STEP 2

DON'T SEE SOMETHING THAT FITS
YOUR NEEDS?

FIND YOUR OWN EXPERIENCE &
SUBMIT A PRE-APPROVAL REQUEST.

STEP 3

CONTACT THE ORGANIZATION TO
INQUIRE IF OPPORTUNITIES ARE
AVAILABLE AND GET STARTED. DON'T
FORGET TO LOG YOUR HOURS.

STEP 4



BUT FIRST, REVIEW THE
HEALTH & SAFETY
INFORMATION PAGE.

STEP 5

UPON COMPLETION OF YOUR
EXPERIENCE, HAVE YOUR SUPERVISOR
SIGN YOUR LOG OR SEND A LETTER OF
VERIFICATION TO
GHPADVISING@UCSD.EDU.
COMPLETE THE REFLECTION SENT TO
YOU BY THE GLOBAL HEALTH OFFICE.



Explore the GHP Blog

How do I find an
experience?

Talk to your Professors

Network

Talk to other
GHP students

Follow us on
Facebook

Create your own field experience

Requires pre-approval

The screenshot shows a web browser window with the following content:

- Browser Tab:** Pre-Approval Request
- Address Bar:** globalhealthprogram.ucsd.edu/field-experience/FE Pre-Approval.html
- Page Header:** GLOBAL HEALTH PROGRAM (left) and UC San Diego (right)
- Navigation Menu:** About, Undergraduate Program, Study Abroad, **Field Experience** (highlighted), Courses, Events, Resources, Contact Us, Donate! (with a search icon on the right)
- Breadcrumbs:** HOME / Field Experience / Pre-Approval Request
- Section Header:** Global Health Program Field Experience Pre-Approval Request
- Text:** This form will be submitted to the Global Health Program Director for pre-approval of your field work experience, and must be completed prior to the start of the field work. This form is only necessary if your field experience is not on the pre-approved list.
- Form Fields:**
 - Name ***: Two input boxes labeled "First" and "Last".
 - UCSD Email Address ***: A single input box.
 - I am completing Field Experience to fulfill my requirement for my Global Health: ***: Two radio button options: "Major" and "Minor".
 - Field Experience Information**: A section header followed by "Type of Experience: *" and a list of radio button options: "Internship", "Faculty Supervised Independent Research (GLBH 198/199)", "Volunteer Opportunity", "Study Abroad", "UCSD Practicum Course", and "Other". Below the "Other" option is an input box.

Keep a log of your hours

Upon return, submit a letter of verification from your site supervisor or have them sign your log.

Name: _____ Term: _____ Organization: _____

For more information, please contact ghpadvising@ucsd.edu or visit globalhealthprogram.ucsd.edu

UC San Diego Global Health Program Field Experience Log (Domestic)

This form is to be used to log hours with Global Health Pre-approved Field Experience organization, sites or through participation with a Domestic Global Health Special Program. (Credit-bearing or international field experience does not require a log.) Students can participate in a maximum of 3 different field experience opportunities.

*Use a separate Field Experience Log for each Organization that you participate with.

Field Experience Requirements:

- An opportunity to become knowledgeable about aspects of global health and see global health issues in practice.
- A minimum of **100 hours** over a minimum of **five weeks**.
- Direct contact with clients or those who directly serve clients.
- Require meaningful, challenging work from the student while serving the agency's clients and goals.
- On-site orientation, training, and supervision by a designated person in the agency.

Guidelines on logging your time:

- Participation in **Domestic Special Programs on Campus** – Can earn up to **40 hours/quarter** to be verified by direct supervisor
- **Domestic/Tijuana Field Visits: Multi Day trips** – 8-10 hours per day – to be verified by supervisor

***Supervisors:** Students will be keeping a log to verify the hours they have completed for their Global Health Field Experience Requirement. Please sign off on their log to verify participation. At the end of their field experience they will be required to have their supervisor submit verification.

Thank you for working with students from the **Global Health Program!**

Beginning Date: _____ **End date of field experience:** _____

	Date	Time Please indicate start and end time.	Activity	Description Please provide a brief description of your role in this activity.	Faculty/ Supervisor Verification
1					
2					
3					
4					
5					



Special Programs

- (HFIT-UIP) is a quarterly internship that affords developmental experiences in public health and healthcare for the underserved.
- Students accepted into this program will participate in the HFIT binational student run free clinic project located in Tijuana, Mexico, in conjunction with medical and pharmacy students from the University of California San Diego and Universidad Autonoma de Baja California.
- Two quarters of the internship program can be used to fulfill the 100 hour field experience requirement.
- Quarterly Application announcements will be sent out.



UCSD / BLUM CROSS - BORDER INITIATIVE



- Summer Field Internship
- 2 Global Health Students Selected
- \$3,000 Stipend
- 8 Week Internship - conduct supervised field work in multidisciplinary teams, addressing issues of poverty and social equity in the San Diego - Tijuana Region.

Application sent out in Spring Quarter



SUMMER 2018

GEOLOGY

GEOLOGY IN GENEVA*

Geneva, Switzerland
 Professor Geoffrey Cook

HEALTH

DRUGS, BEHAVIOR, AND THE HISTORY OF NEUROSCIENCE IN GREECE

Athens, Greece
 Professor Stephan Anagnostaras

SOCIAL COGNITION AND DRUGS IN AUSTRALIA

Sydney, Australia
 Professor Jaime Pineda

SEX AND HEALTH IN SOUTHEAST ASIA*

Bangkok, Thailand
 Professor Dredge Byung-chu Kang



MAKING OF THE MODERN WORLD

MODERN GREECE

Athens, Greece (MMW 14GS)
 Professor Thomas Gallant

CHANGE IN MODERN SOUTH AFRICA

Cape Town, South Africa (MMW 15GS)
 Professor Ivan Evans

IN SEARCH OF KAFKA IN PRAGUE*

Prague, Czech Republic (MMW 15GS)
 Professor Babk Rahimi

MATH & ENGINEERING

MATHEMATICAL BEAUTY IN ROME

Rome, Italy (Sixth College Practicum)
 Professor Joseph Pasquale

ALL PROGRAMS SUBJECT TO CHANGE WITHOUT NOTICE
 *PENDING ACADEMIC SENATE APPROVAL.

EARLY BIRD DEADLINE:

FEBRUARY 1, 2018

APPLICATION DEADLINE:

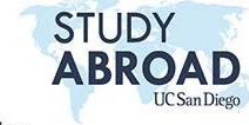
MARCH 1, 2018



@UCSDGS

Global Seminars

- Five-week summer session abroad
- Two courses, eight units
- Class size of 15-28 students
- Complete graduation requirements
- One-on-one interaction with a UCSD professor



<u>Global Seminar</u>	<u>Course</u>	<u>Requirements</u>
Social Cognition and Drugs in Australia	COGS 171 GS Mirror Neuron System and Social Cognition	Biological Sciences Elective
	COGS 174 GS Brain, Mind and Culture	Medical Social Sciences Elective
Drugs, Behavior, and the History of Neuroscience in Greece	PSYC 181 GS Drugs and Behavior	Medical Social Science Elective
	PSYC 193 GS Neuroscience, Psychology, and Pharmacology of Antiquity	Medical Social Science Elective <i>*Does not fulfill field experience requirement</i>
Sex and Health in South East Asia - Bangkok, Thailand	ANSC 105GS Global Health and Inequality: Sexual and Reproductive Health in Southeast Asia	ANSC 105 fulfills the Medical Social Science
	ANSC 125GS Gender, Sexuality, and Society: Sex and Love in Thailand	ANSC 125 fulfills the Global Processes Elective <i>*Fulfills Field Experience Requirement</i>

Examples of other opportunities

Student Orgs offer opportunities to complete Field Experience (Check out pre-approved list)

CFHI: CFHI's 30+ programs in 10 countries connect students with local health professionals and community leaders transforming perspectives about self, global health, and healing.

Flying Sams: The UCSD Flying Samaritans run a general medicine clinic near Ensenada. Throughout the year they gather donations, fundraise, and coordinate other activities, all revolving around the operation of our clinic. They drive down monthly to Ensenada with donations, medicines, health care professionals, and volunteers to open our clinic.

Alternative Breaks: National or international service and learning trips that cultivate lifelong socially active and globally conscious leaders through direct service, education, diversity, reflection, investigation of social justice issues, and reorientation.



Global Health Field Experience Safety

Students should not be providing direct patient care, such as testing, diagnosing, or treating patients.

Global Health Students who want to experience global health first hand will need to understand the following:

- The limitations in what you can and cannot do when abroad
- Ethics, Integrity, Culture, Professionalism, and Reciprocity
- Health, Safety, Security and Risk Management

*All students must complete a health and safety training prior to beginning their experience.

Ethical behavior includes but is not limited to the following:

- Maintaining confidentiality of patient/participant information/data
- Following the written (and possibly unwritten rules) of the site
- Adhering to HIPAA and other relevant regulations
- Not overstepping the boundaries of your scope of training or practice



GLOBAL HEALTH
STUDENT OF THE
MONTH SPOTLIGHT
SEPTEMBER 2015



Tip: "Step out of your comfort zone, embrace ambiguity!!! I never would have imagined myself living in an isolated village in the mountains, showering with a bucket, and eating farm rats." – Vennis H.

(UCEAP Program in Thailand)

Part Four: Study Abroad Options

study abroad in GLOBAL HEALTH

STUDY
ABROAD
UC San Diego

Study Abroad programs are **encouraged** and can fulfill coursework towards the Global Health major and/or the Global Health Field Experience Requirement.

Guidelines:

(to earn study abroad course credit)

- ❑ Complete the study abroad [pre-approval form](#) online & then GHP Offices approves or declines pre-approval
- ❑ Courses must be UC transferable, at least 4 units and taken for a letter grade of C- or better
- ❑ [A petition must be submitted upon return](#) for each course to be granted credit toward major
- ❑ A maximum of six UCSD upper-division courses can be petitioned for credit toward the major

Study Abroad Timeline & Planning:



Global Health students may go abroad with one of the following programs:

- Education Abroad Program (EAP)
- Opportunities Abroad Program (OAP)
- Global Seminars (GS)



*Examples of Global Health Study Abroad Opportunities can be found online.

SIT Study Abroad programs in Global Health



Please visit individual program web pages for more information, including syllabi.

Semester Programs

Argentina: Public Health in Urban Environments

www.sit.edu/ARH

Credits: 16 **Prerequisites:** Coursework in health sciences, political science, anthropology, sociology, or development studies. Three semesters of college-level Spanish.

Examine the challenges surrounding public health policy and inequities as well as issues related to urban epidemiology in Buenos Aires.

Sample ISP topic areas:

- Grassroots advocacy and healthcare services
- Public health consequences of environmental contamination
- Gender and reproductive rights
- Healthcare among immigrant populations

Brazil: Public Health, Race, and Human Rights

www.sit.edu/BRH

Credits: 16 **Prerequisites:** None, but a background in Portuguese or Spanish is recommended.

Study healthcare policy and community well-being in Brazil. Examine the connections between healthcare and racial dynamics.

Sample ISP topic areas:

- The health of adolescent mothers and their offspring
- Homelessness in Salvador
- Healing in the Candomblé tradition
- Social determinants of well-being in a *quilombo* community

Chile: Public Health, Traditional Medicine, and Community Empowerment

www.sit.edu/CIH

Credits: 16 **Prerequisites:** Coursework in public health, development studies, community or social sciences, or related fields. Four semesters of college-level Spanish.

Gain unique insight into healthcare policies, politics, and delivery as well as traditional medicinal practices in Chilean communities.

Sample ISP topic areas:

- Women's health
- Traditional and intercultural health
- AIDS treatment promotion and prevention policies
- Epidemiology

IHP/Comparative: Health and Community (multi-country)

www.sit.edu/HCA

Credits: 16 **Prerequisites:** None, but previous coursework in public health, anthropology, biology, or related fields is recommended.

Learn how communities around the world define and strive for health and well-being. Explore, study, and question the challenges that all citizens face amid changing social, environmental, and economic forces.

Sample case study topic areas:

- Community health workers and diarrheal diseases in Indian children
- Emergence of child-headed households in HIV-affected communities in South Africa
- Financing of public healthcare in Vietnam

India: Public Health, Policy Advocacy, and Community

www.sit.edu/INH

Credits: 16 **Prerequisites:** None

Explore the links between public health, policy advocacy, and community, with a focus on women, children, tribal communities, and other marginalized and vulnerable populations in India.

Sample ISP topic areas:

- International, national, and regional responses to epidemics and pandemics
- Health equity and disability
- Access to reproductive and children's healthcare
- Incentive strategies and health outcomes production

Jordan: Refugees, Health, and Humanitarian Action

www.sit.edu/JOH

Credits: 16 **Prerequisites:** None

Examine firsthand the ongoing humanitarian relief response to the regional Syrian refugee crisis while in Jordan and on excursion to Turkey, with special focus on refugee health response.

Sample ISP topic areas:

- The effect of daily stressors on Syrian refugee women
- Effects of displacement on the risk of domestic and gender-based violence
- Malnutrition in refugee children
- Impact of water shortage on the health of refugees

What can I do with a degree in Global Health?



Explore

Careers in Global Health

Physician
Epidemiologist
Clinicians
Pharmacy
Dentistry
Nurse
Physicians Assistant

Research and Policy
Medical Officer
Health Advisor
Health Educator
Medical Researcher
Program Management
Program Development
Human Resources

Community Orgs.
Public Policy
Government Agencies
Non-Profit Work
Law
Disaster Relief Orgs.
Community Health
Workers

<http://healthbeat.ucsd.edu/>

Leading Global Health Employers

- Bill & Melinda Gates Foundation
- Centers for Disease Control and Prevention
- Department of Health and Human Services
- Doctors Without Borders
- Family Health International (FHI)
- Global Fund for Women (GFW)
- Global Health Council
- International Planned Parenthood Federation (IPPF)
- International Rescue Committee (IRC)
- International Women's Health Coalition (IWHC)
- National Center for Children in Poverty (NCCP)
- National Family Planning and Reproductive Health Association (NFPRHA)
- Pan American Health Organization/WHO
- PATH
- Planned Parenthood Federation of America, Inc.
- Population Services International
- Save the Children
- The American Red Cross
- The United States Agency for International Development (USAID)
- U.S. Committee for Refugees (USCR)
- UNAIDS
- United Nations
- World Bank Group
- World Health Organization (WHO)
- World Vision International



Part Five: Tips for Success

How to be successful as a Global Health major

Tip: Be ACTIVE IN YOUR MAJOR!

Attend & Participate in...

- Quarterly Conversations in Global Health
- Horizons of Global Health Research Symposium
- Global Health Field Experience Expo
- Global Health related campus events
- Career panels, speaker series, awareness campaigns

*Check your email and GHP Facebook page frequently for event announcements



***Tip:** “Join the global health student org, Talk to professors and TAs about what they are passionate about in global health - everyone is extremely knowledgeable and happy to help you learn and develop your own global health interests. Get curious and take initiative! Get an early start on planning your field experience so you can fundraise and apply for financial aid - the sooner you do this the better.”*

-Christal Q.

Tip: Join UCSD Students for Global Health or health related student org!

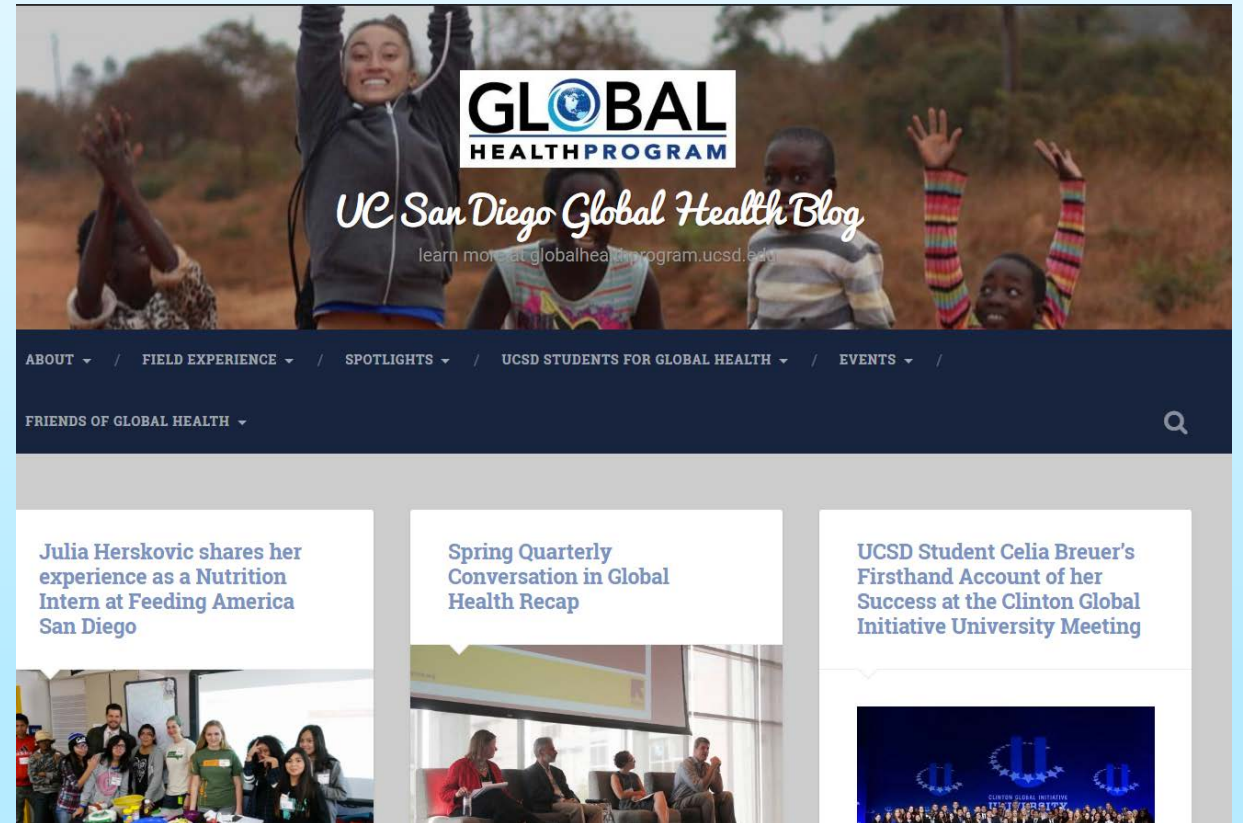
- Connect with like-minded students
- Get involved in causes you care about
- Network!



More information on the UCSD Global Health Blog
<http://globahealthucsd.com>

Tip: Follow Global Health on Social Media and our blog

- Connect with like-minded students
- View most up-to-date information on Global Health Events
- Read blog posts on past students' field experiences
- Find study abroad opportunities
- Find domestic and international internship/volunteer opportunities



Tip: Form Relationships with your Global Health Undergraduate Student Advisory Committee and Faculty!

Talk to fellow students about their experiences, successes and challenges! (Courses, campus groups and activities, field experiences, etc.)



Tip: “Do not be afraid of your professors, talk to them about the class, their careers, anything you want. They will give you great advice and even opportunities.”-Serena D.





Tip: Take care of yourself

The Importance of Your WELL-BEING AND HEALTH

Remember your purpose and why you choose to come to UCSD in the first place. Find meaningful work within your major.

If something isn't working, **change it**.

Remember **you don't need to have it all figured out yet!**

Set small attainable goals.

Advocate for yourself, if you're struggling, get help.

- CAPS for counseling
- OASIS for help with writing
- Office Hours for extra help in a course
- Reach out to another GH student
- Talk to your Global Health Advisor
- Check the [Resources page](#) for links.

Take care of yourself! Take time to relax and enjoy the beautiful environment at UCSD and close proximity to the beach.



GLOBAL
HEALTHPROGRAM
UC San Diego



Thank you!

Visit <http://globalhealthprogram.ucsd.edu> for more information